



## ANCHORS UP! | Fish Out Of Water Career Development Center, Inc

FO<sub>2</sub>W | BLADEN COUNTY | 2020-2022 |

# Fact Sheet

Fish Out Of Water Career Development Center, Inc. (FO<sub>2</sub>W) has been awarded a Title V Sexual Risk Avoidance Education grant for two years. The funding will sponsor the **Anchors Up!** program designed to teach youth personal responsibility, self-regulation, healthy decision-making, a focus on the future, and the prevention of youth risk behaviors to include drug and alcohol use without normalizing teen sexual activity.

### Student Benefits

- Participate in a structured after-school program interacting with peers, trained facilitators, and trusted adults.
- Complete a 13-hour evidenced based Relationship Skills program.
- Develop a Digital E-Wellness Portfolio.
- Attend virtual Fishbowl Talks and goal setting sessions.
- Join Peer Learning Communities focusing on academic excellence.
- Earn a Certificate of Completion, \$30 Gift Card, and **Anchors Up!** swag.

### Eligibility

**Anchors Up!** is a virtual program. Free and open to all Bladen County Public School students in grades 7-12. Parental permission is required.

Students must be available to attend a 5-week session; Monday – Thursday from 3:30pm – 6:30pm.

Access to a laptop or tablet and Wi-Fi are required.

**To learn more and apply visit:**  
**[www.fo2w.org](http://www.fo2w.org)**

**Send Questions or Contact Us:**

[info@careerdevelopment.solutions](mailto:info@careerdevelopment.solutions)

*\*Students will be grouped based on grade levels.*



**Funding provided by the United States Department of Health and Human Services' Family and Youth Services Bureau.**